There are three possible sites to find tutorials from different periods of time that renhelp.net was hosted by different people. These are the three I know of, just for reference:

http://renegadehelp.net
http://www.pokemonca.net
http://renhelp.laeubi-soft.de

Reading your post, the best answer that came to my mind was a tutorial I watched a few months ago, which I do find pretty helpful in showing how to make terrain in RenX:

Advanced RenX Map for Beginners Video by Recon (hosted on http://renegadehelp.net)

Doing a lighter search around the three websites posted above, here are some tutorials that might be relevant to what your asking about:

RenX Boolean Tool by Captkurt (hosted on http://www.pokemonca.net)

Mesh Smoothing by Genocide (hosted on http://renhelp.laeubi-soft.de)

Make tunnels (use boolean) by Läubi (hosted on http://renhelp.laeubi-soft.de)

Wish I could offer more help.