Well first try running the actuall game.exe, game2.exe or Renegade.exe from the 'C:\Westwood\Renegade' folder.

It could be because Reneagde Shortcut is bad or something like that.

You could try reinstalling reneagde and then trying it out again.

When the config window pops up, try telling it under the 'Graphics' tab to play in windowed mode, this is probably the problem here <-------I had this same problem to and I fixed it by doing this.

Hope this helps!
-=-