**Subject: Re: Screen refresh rate?**
Posted by icedog90 on Thu, 25 Jan 2007 21:28:51 GMT

If you have an LCD then don't even bother, leave it at the default. LCDs refresh a totally different way than CRTs and it's best to use the default rate it's normally at.

Now if you had a CRT, then you'd want the highest refresh rate your monitor can handle, unless the flickering of 60hz doesn't bother you. It bothers the hell out of me, so I put mine at 85hz.