
Subject: Remember kids defrag often or feel stupid.
Posted by [Sir Phoenixx](#) on Mon, 25 Apr 2005 00:16:53 GMT
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I haven't run defrag on mine in several months, don't even really remember how many exactly. I'm probably going to do it in the next couple days, it takes about 3-5 hours.

I don't really have any problems with it starting over (maybe once, but it zips right through to where it was), since it's done in safe mode.
